

The responses below are part of a co-ordinated programme of work across the Council, CCG and providers to transform mental health and emotional wellbeing services for children and young people, delivered in response to the joint Mental Health Strategy and CYP Mental Health and Wellbeing Transformation Plan.

Action	Responsibility	Date
<p><b>Recommendation 1:</b> That the council and Tower Hamlets Clinical Commissioning Group (THCCG) work with the voluntary and community sector to support and strengthen early intervention services in the borough.</p>		
<p>The Council prioritised emotional health and wellbeing in the children and families strand of the Council’s Mainstream Grants Programme and a number of organisations, including Step Forward and Toyhouse Libraries provide services that support children, young people and families emotional health and wellbeing needs. We also commission Docklands Outreach who are a key partner in the Improving Access to Psychological Therapies (IAPT) programme have trained IAPT practitioners and deliver services on behalf of children’s social care. All services complement and prevent escalation to specialist CAMHS. We are also in the process of better coordinating our early help offer in children’s services which will include those delivered by our third sector partners and these will include emotional health and wellbeing services.</p> <p><b>Update:</b> We are in the process of developing a Commissioning Strategy for early help which will ensure all needs, including the emotional health and wellbeing of children and young people are supported through our new early help service.</p>	<p><b>Nancy Meehan/Karen Badgery (LBTH)</b></p>	<p><b>December 2016</b></p>

<p>LBTH Public Health is running 2 year pilot programme “Better Beginnings” through which 4 x VCS based locality Parent and Infant Wellbeing Coordinators recruit and supervise team of peer supporters/volunteers to provide support for local parents and carers during pregnancy and the first year of the baby’s life. Primary focus is promoting maternal mental health, supporting secure emotional attachment, parent/infant communication, sensitive attuned parenting and peer support. Organisations report quarterly on activity; multi-agency steering group meets to support work quarterly; evaluation April 2017</p>	<p><b>Simon Twite (LBTH)</b></p>	<p>Dec 2017: Evaluation report finalised; will inform subsequent re-commissioning of programme (although in a slightly different format). Service re-procurement planning ongoing with TH VCS led by LBTH IEYS. View to go out to tender by Mar 2018.</p> <p>Between 2015/16 and Q4 2016/17:            9 week training courses delivered: 10            Peer supporters/volunteers trained: 89            Number of families receiving intervention (supported by volunteers/peer supporters): 145 for 1:1 support, 129 for group support.</p>
<p>TH CCG has commissioned a Young People’s Mental Health Service from Step Forward, a local charity working in partnership with Docklands Outreach on a three year contract, following a competitive procurement. From 1 January 2017, the service will provide: (a) additional mental wellbeing services working with local youth services, (b) evidence-based individual and group counselling, and (c) joint programmes with more specialist services. This is designed as an innovative, flexible, accessible and responsive service delivered on a partnership basis from a number of locations for young people aged 14 to 21, providing early intervention and a model which complements specialist CAMHS. The pilot phase of implementation will report in July 2017, showing the number of young people reached and the number of local partnerships established</p>	<p><b>Martin Bould (CCG)</b></p>	<p>Service commences January 2017, initial report July 2017.</p> <p>The service commenced on time and is an innovative and flexible extension to CCG commissioning. In the most recent quarter (July – September 2017) :</p> <ul style="list-style-type: none"> <li>• 123 young people were supported through 1-2-1 work.</li> <li>• 150 young people attended group sessions</li> </ul> <p>Example of partnership working: a 4 week programme with a group of young men at Barnardo’s in</p>

		Stepney The majority have either been Looked After, have behaviour issues or involved in the Youth Justice and Family Interventions Service
<p><b>Recommendation 2:</b> That the council, CCG, specialist CAMHS and local services raise awareness of mental health issues, before children and young people reach specialist services, by promoting patient stories and examples of what mental health issues can turn into, with particular focus on BME communities.</p>		
Tower Hamlets is the top performing Borough in London for Healthy Schools; with more schools having bronze, silver and gold awards, from the Mayor of London, for Healthy Schools work than any other London borough. 97% of LBTH schools are registered with the Mayor of London’s Healthy Schools Accreditation	<b>Kate Smith (LBTH)</b>	<b>On-going</b>

<p><b>MHFA Training delivery 2017</b></p> <p>Since Jan 2017 – 45 teaching staff have been trained in MHFA which includes teaching staff in a range of roles from Head Teacher to receptionist. Access to MHFA training is offered on first come first served basis.</p> <p><b>Mental Health First Aid Instructors</b> 13 local staff members working in the council, ELFT, Bart’s Health, and voluntary sector have been trained as MHFA instructors. 30 two day MHFA courses will have been delivered in 2017 by the end of Dec 455 TH staff will have been trained.</p> <p>MHFA Lite Instructors were upskilled to deliver the half day LITE training course. By end Dec 14-16 LITE courses will have been delivered and 243 TH staff trained, with one course targeted at faith group members.</p> <p>A very good mix of local of staff being represented on the courses including health and care, education, enforcement, employment, housing, other voluntary sector organisations.</p>	<p><b>Sukhjit Sanghera (LBTH)</b></p>	
<p>The CCG, through the jointly agreed Local Transformation Plan, has commissioned 8 local organisations and 5 national organisations to deliver a series of awareness activities as a local campaign from July to the end of 2016. The Mix on-line awareness and information pilot uses patient stories, and the HealthWatch video includes 4 mini-dramas created by young people. The programme includes outreach and dedicated sessions for Bangladeshi parents. Reports are due in November 2016 (The Mix pilot) and October 2016</p>	<p><b>Martin Bould (CCG)</b></p>	<p><b>Transformation reports on awareness November 2016:</b></p> <ul style="list-style-type: none"> <li>• 94 Young People involved with Mark Your Mind creative activities across the project</li> <li>• 75 Parents attending events and training sessions</li> <li>• 65 local professionals attending</li> </ul>

<p>(HealthWatch). The CCG has awarded an innovation bursary to the Somali Integration team (A project to place Somali volunteers in 10 GP practices to aid outreach &amp; support better experiences of GP surgeries for Somali women) and will discuss with them mental health awareness as this was an issue raised at the Somali Health Day in 2015. The project will work in 10 GP practices will recruit 12 volunteers and aims to reach between 50 and 60 women by March 2017</p>		<p>training and events (including 35 School Nurses attending training)</p> <ul style="list-style-type: none"> <li>• 6,500 unique users of dedicated Tower Hamlets page in three month pilot of digital offer</li> <li>• A programme of workshops, fun day, and volunteer conversations reached 300 Bangladeshi parents from St Hilda’s</li> </ul> <p><b>Somali Integration health volunteers outreaching by March 2017</b></p> <p>Somali Integration Team: 20 women trained in Customer service, CV writing &amp; in-house Health Centre training covering a wide range of topics.</p> <p>6 Volunteers were given experience of working in a GP/Health centre. 3 volunteers and the project manager are now in permanent work following this pilot project.</p>
<p>Recognising that some referrals to specialist CAMHS are inappropriately made – research suggests between 20-25% - a Triage team has been established to review all new referrals to the service. Young people not requiring a specialist provision are signposted to web based or third sector provision. In a few instances and where considered clinically appropriate, young people</p>	<p><b>Bill Williams (CAMHS)</b></p>	<p>The Specialist CAMHS Triage/Front Door provision is now fully embedded within the service. A further development has seen the secondment for 2 days a week of workers from FIP and Docklands</p>

<p>are offered 1-2 appointments to talk through their concerns. The Triage provision includes a Bi-Lingual Co-Worker who speaks Sylheti and Bengali improving engagement with the majority Bengali community in Tower Hamlets. This provision builds resilience and helps to raise awareness of mental health matters at an early stage. Service user participation groups support the wider dissemination of mental health knowledge and understanding.</p>		<p>Outreach to make the provision multi-agency. This has notably increased the range of options/services available to YP not meeting the criteria for a specialist service</p>
<p><b>Recommendation 3:</b> That the council ensure all frontline professionals who come into contact with children regularly or/and in a professional capacity (not just mental health professionals) are able to identify children with mental health issues and know what to do once they have identified a vulnerable child.</p>		
<p>LBTH Public Health has funding from Health Education England (through TH CCG Community Education Provider Network) to develop and deliver multi-disciplinary parent and infant emotional health and wellbeing training programme in 2016/17. Will work with Public Health, LBTH Early Years/Children’s Centres, CAMHS, Primary Care, Tower Hamlets Community and Voluntary Sector, Bart Health Maternity Service, TH Health Visiting service and TH Family Nurse Partnership (FNP). Aim is to build on the existing knowledge and capacity of local maternity and early years services to strengthen integrated working across services in order to provide appropriate, accessible and joined up support for parents and infants during pregnancy and the first year of life. A programme of workshops in localities will be complete by February 2017 and an evaluation report completed in April 2017. Between 108 and 148 staff will receive training</p>	<p><b>Simon Twite (LBTH)</b></p>	<p>Dec 2017. 4 (locality based) x 3 half day training workshops delivered Nov 2016-Feb 2017; 96 multidisciplinary frontline staff trained; Evaluation April 2017; Programme serving as blueprint for delivery of other training programmes delivered as part of Tower Hamlets Together Integrated Early Years workstream - emotional health/mental wellbeing priority including: i) Five to Thrive training ii) Family Nurse Partnership ‘Knowledge and Skills’ roll out that will be delivered to multi-disciplinary front line staff across health, CSC,</p>

<ul style="list-style-type: none"> <li>• The training increased the knowledge confidence and competence of school health staff in managing emotional wellbeing and mental health and enabled staff to support and enhance mental health and emotional wellbeing in children and young people.</li> <li>• In 2016/17 – staff were better equipped to start a difficult conversation and using different communication skills to build rapport. Also knowing about how to make effective referrals for CAMHs support.</li> </ul> <p>In 2016/17 academic year the school nursing team supported 218 cases of emotional wellbeing. In addition 2205 referrals were made into the service from primary &amp; secondary schools, parents and children &amp; young people themselves.</p>	<p><b>Reha Begum (LBTH)</b></p>	<p>Integrated Early Years’ Service, VCS on a locality basis.</p>
<p>As a key preventive health service, Health Visitors undertake a holistic assessment of the family and parental capacity to meet their infant’s needs, enabling early identification of needs and risk. Preparing for adulthood and the early years are an important opportunity for prevention and early intervention. Service facilitates early identification of the potential risk for domestic violence and abuse and through provision of early help can reduce the potential for these factors escalating into more serious concerns, including increased risk of longer term poor emotional and mental health outcomes. New contract with new provider from April 2016, service reviewing structures and caseloads in order to increase capacity; quarterly delivery reviews; under previous provider service carried out 977 new birth visits (98.2%) within Q4 2015/16</p>	<p><b>Jane Wells (LBTH)</b></p>	<p>Dec 2017. New contract/new provider from April 2016; Quarterly performance monitoring as routine; assessment of maternal &amp; infant emotional health/wellbeing at 5 universal health reviews for every child resident in Tower Hamlets (antenatal; new birth visit; 6-8 weeks; 1year; 2-2.5 years) + additional support through “universal plus” and “universal partnership plus” levels of service provision; Tower Hamlets Together has delivered funding to buy in MESCH (Maternal Early Childhood Sustained Home-visiting) programme for</p>

		<p>implementation in TH for families meeting eligibility criteria. The MECSH programme in Tower Hamlets includes focus on key local priorities – including maternal mental health and wellbeing (delivery from April 2018).</p> <p>2016/17 activity: Statutory universal contacts: 4000 new birth visits; 2000 6-8 week reviews; 2500 12 month reviews; 2000 15 month reviews; 2600 30 month reviews</p>
<p><b>See information as above about MHFA</b></p>	<p><b>Sukhjit Sanghera (LBTH)</b></p>	
<p><b>Recommendation 4:</b> That the council reviews the data it holds on care leavers and pregnancy to investigate if there is a link between care leavers, teenage pregnancy and mental health issues.</p>		



<p>Following the Ofsted Inspection Report dated April 2017, Children’s Social Care are reviewing the 16 plus and leaving care services. The review will incorporate the relevant data to capture the current status of services and how they are impacting upon young people’s health and wellbeing.</p>	<p><b>Nancy Meehan/ Simon Twite – Public Health</b></p>	<p><b>April 2017</b></p> <p>Changes in delivery of commissioned services have been established to ensure known vulnerability of LAC and children leaving care (in terms of increased risk of pregnancy, mental health, substance misuse and other risk factors) are addressed i) new “Integrated Young People’s Health &amp; Wellbeing Service (sexual health and substance misuse) begins mobilisation from January 2018; key group identified as a priority within the service specification for the new service are looked after children and children leaving care ii) The MECSH programme in Tower Hamlets (delivered through TH Health Visiting Service) includes focus on key local priorities – including maternal mental health and wellbeing (delivery from April 2018)</p>
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<p><b>Recommendation 5:</b> That the council undertakes further work with young care leavers to educate them on sexual health</p>		
<p>LBTH Public Health to explore options for working with care leavers with commissioned VCS sexual health services (Step Forward).</p>	<p><b>Chris Lovitt (LBTH)</b></p>	<p>Options have been explored; new “Integrated Young People’s Health &amp; Wellbeing Service (sexual health and substance misuse) begins mobilisation from January 2018; key group identified as a priority within the service specification for the new service are looked after children and children leaving care.</p>
<p><b>Recommendation 6:</b> As part of any future re-refresh of the Local Transformation Plan, the council, CCG and partner agencies should consider how services can be improved for children and young people who are in contact with criminal justice services, and who have a higher vulnerability to mental health problems.</p>		

<p>The Youth Offending Service has a substantive CAMHS practitioner in post who continues to work with young people with mental health needs and referring them to specialist services as required</p>	<p><b>Ronke Martins-Taylor (LBTH)</b></p>	<p>.</p>
<p>Working in partnership with Children’s Social Care and other local agencies, including ELFT, the police, RLH and the voluntary sector, the CCG is developing a co-commissioning project to strengthen mental health pathways for young people in contact with the criminal justice system. A Memorandum of Agreement with NHS England regarding funding for this project is due to be drawn up in September 2016.</p>	<p><b>Martin Bould (CCG)</b></p>	<p><b>Agreement for local project by September 2016</b>                  Funding agreement was reached for co-commissioning in autumn 2016 but subsequently extended due to additional funds becoming available from NHS England in 2017. The CCG has agreed Memorandums of Agreement with the Council for a youth justice liaison and diversion worker, specialist Speech and language Therapy for the Youth offending Team and a wider transformation project to improve the YOT response to CYP with speech, language and communication needs (which is at least 60%). These projects commenced in October 2017, following recruitment and procurement.</p>
<p><b>Recommendation 7:</b> That the council and THCCG strengthen engagement and training for CAMHS service users to empower them with the skills and knowledge to effectively contribute to service development.</p>		
<p>The local Children and Young People’s IAPT programme has an</p>	<p><b>Nancy Meehan(LBTH)/</b></p>	<p>Participation has picked up pace</p>

<p>engagement strand which is led by a parent. The aim of the work stream is to engage and empower service users to contribute to service developments. IAPT itself also puts the service user at the centre of the service and empowers them to actively engage and make decisions about their care at an individual level</p>	<p><b>Bill Williams (ELFT)</b></p>	<p>with the allocation of dedicated clinician sessions to further evolving this model. The recent recruitment of an assistant psychologist with time allocated to participation development further enhances provision in this field. A young people’s forum meets monthly at Greatorex Street and members of this group have recently joined an Art and Anxiety Project. Further work needs to be progressed to see orbicular outcomes to change suggested by the participation group. Monthly coffee mornings are held for parents where service design improvements are discussed and participants offer support and advice to others in the group.</p>
<p>The Council’s Parent and Family Support Service has developed an engagement programme with the Youth Council and All Ability forum to train parents and young people in mental health awareness. A programme of activities to March 2017 will be developed. Resources came from jointly agreed NHS England Transformation money and CAMHS and Schools Link training pilot funds, routed through the CCG. This work will contribute to the awareness campaign projects, and contribute to mental health procurement. The Mix’s digital campaign includes training for young editors and co-commissioning workshops: An evaluation workshop with young people will be held in September 2016.</p>	<p><b>Christine McInness (LBTH)/Martin Bould (CCG)</b></p>	<p><b>Co-commissioning workshop Sept 2016</b>  <b>PSS report March 2017</b>                  The PSS engagement programme:</p> <ul style="list-style-type: none"> <li>• Identified and supported young wellbeing champions</li> <li>• Trained parents and organised meetings via schools to talk to other parents about mental health</li> </ul>

<p>Young people from YPAC and Our Time have delivered sessions in schools and are continuing to focus on campaigning for change in CAMHS and CMHT. Anti-stigma sessions will continue to be run and outreach sessions in schools.</p>	<p><b>Jill McGinley (LBTH)</b></p>	<ul style="list-style-type: none"> <li>• Worked with Young Minds and The Mix to link their awareness campaign with local organisations</li> <li>• Helped six transformation and awareness projects obtain input from children and young people (e.g. crisis review, digital offer, Mark Your Mind campaign)</li> </ul> <p>The Mix included feedback workshops and their website was positively rated by young people in a local evaluation.</p>
<p><b>Recommendation 8:</b> That the THCCG work with CAMHS to review GP training in children and young people’s mental health, including raising awareness of referral pathways for service users.</p>		
<p>The CCG in partnership with the ELFT CAMHS has promoted training for GPs through protected learning time and has also promoted GP training through the national charity B-EAT. As part of the jointly agreed transformation plan, the CCG agreed a programme with CAMHS to develop GP awareness (described below). This will be reported in November 2016</p>	<p><b>Martin Bould (CCG)</b></p>	<p><b>Report on GP training November 2016</b>                  ELFT delivered training in eating disorders and general pathways in 2016, and subsequently delivered training input to two GP networks. Training in self-harm management and suicide prevention will be delivered by ELFT in January 2018.</p>
<p>Specialist CAMHS also contribute information on service developments to the Tower Hamlets GP Bulletin.</p>	<p><b>Bill Williams (CAMHS)</b></p>	<p>The above programmes have been publicised to GPs via the CCG</p>

		bulletin
<p><b>Recommendation 9:</b> That the council, THCCG, and Tower Hamlets CAMHS work with community leaders to improve cultural understanding of mental health and raise awareness of the services in place to support residents with a mental health need.</p>		
<p>A series of workshops were delivered in summer 2016.</p>	<p><b>Sukhjit Sanghera (LBTH)</b></p>	<p>This year (so since flourishing minds came to an end) the women who were trained up as Tree of Life trainers delivered the following:</p> <ul style="list-style-type: none"> <li>• 4 tree of life sessions – each session attended by 8 - 10 Somali women.</li> <li>• In the last 2 weeks, they used the tree of life therapy to help a Somali woman to manage her mental health issues. The lady spotted the early signs of distress and approached SIT for help. Though, providing 1:1 intervention was not the remit of Flourishing minds.</li> <li>• Staff member at SIT is currently studying to become a counsellor in addition to another member of staff who is Mental health first aider and is delivering training across TH</li> </ul>

		There will be no further reporting on this programme as this pilot has ended
<p>The CCG has developed a community commissioning panel which will advise on local engagement, and for three years has funded patient leader programmes, which involve local community members in health improvement projects. The Mark Your Mind awareness campaign described above also engages community leaders explicitly in mental health awareness</p> <p>As part of the jointly agreed transformation plan, the CCG funded 5 training events for school governors. Final reports will be available in January 2017</p>	<b>Martin Bould (CCG)</b>	<p><b>Awareness campaign final reports January 2017</b></p> <p>The community commissioning panel now meets regularly and the patient leader programme continues</p> <p>Positive feedback was received on governor training For Mark Your Mind see Recommendation 2 above</p>
<p>Specialist CAMHS staff attend Working with Muslim Families Seminars.</p> <p>-Specialist CAMHS has been expanding its pool of Bilingual Support Workers speaking the variety of local languages.</p>	<b>Bill Williams (CAMHS)</b>	The Bilingual Co-Workers have been rebadged as Cultural Advisors (CA) to better reflect the rich complexity of their roles. An additional CA has been recruited to support the emergent under 5’s project.
<p><b>Recommendation 10:</b> That the council, THCCG and CAMHS undertake work to reduce the stigma of mental health including rebranding and renaming services.</p>		
LBTH Public Health commission Flourishing Minds programme; 3 aims – promoting awareness of mental well-being, improving mental health literacy and reducing stigma.	<b>Sukhjit Sanghera (LBTH)</b>	Resources were developed for Look Ahead staff to support their young clients with their health and

<p>3 components: 1) young people with a focus on NEETS and young people in supported accommodation (provider is Look Ahead) 2) Somali women (provider is the Somali Integration Team - see Recommendation 9 above) 2) Male offenders (provider is Providence Row). This was a pilot initiative that has now ended so there will be no further updates on this project</p>		<p>wellbeing through their 1:1 consultations. January 2017</p>
<p>The programme of work described above addresses stigma – for example, the awareness campaign (Mark Your Mind – as in response to Recommendation 2 above), and the new young people’s mental health service (Recommendation 1). Step Forward are developing a new brand identity for the latter service, provisionally using the name Stepping Stones (as described in response to recommendation 1 above</p> <p>Young people from YPAC and Our Time have delivered sessions in schools and are continuing to focus on campaigning for change in CAMHS and CMHT. Anti stigma sessions will continue to be run and outreach sessions in schools.</p>	<p><b>Martin Bould (CCG)</b></p> <p><b>Jill McGinley (LBTH)</b></p>	<p><b>As in response to recommendation 2 above</b></p>
<p>Specialist CAMHS have appointed two participation workers who work directly with young people and parents to improve feedback loops</p> <ul style="list-style-type: none"> <li>-We are developing our links with the PACSEN group to provide input in terms of advocacy and representing parents in our management team</li> <li>-We have a group looking at improving our leaflets and web design</li> <li>-our conduct disorder team is creating innovative non-stigmatising therapy groups</li> </ul>	<p><b>Bill Williams (CAMHS)</b></p>	<p>Participation has picked up pace with the allocation of dedicated clinician sessions to further evolving this model. The recent recruitment of an assistant psychologist with time allocated to participation development further enhances provision in this field. A young people’s forum meets monthly at Greatorex Street and members of this group have</p>



		<p>recently joined an Art and Anxiety Project. Further work needs to be progressed to see orbicular outcomes to change suggested by the participation group. Monthly coffee mornings are held for parents where service design improvements are discussed and participants offer support and advice to others in the group</p>
<p><b>Recommendation 11:</b> That CAMHS consider ways to make the service more accessible through reviewing their workforce to ensure it is reflective of the community.</p>		
<p>Specialist CAMHS is improving its Bilingual Co-Working Service by rebranding these workers as Cultural Consultants                  -Currently 20% of the workforce is Bangladeshi and we are seeking ways to improve this via our Equalities group                  -An Equalities group has been formed, meeting on 23/9 to scope the workforce composition in the context of a major research paper from NHS England</p>	<p><b>Bill Williams (CAMHS)</b></p>	<p>The Bilingual core workers have now been rebadged as Cultural Consultants recognising a role that encompasses far more than translation - extrapolation and explanation of nuanced interactions between families, disaggregation of cultural and religious beliefs and family dynamics for example. The Equalities and Diversity Forum has had a stochastic year. However, there was a renewed commitment observed late in the year which will be built on going forward into 2018.</p>

<p><b>Recommendation 12:</b> That the council, THCCG and CAMHS improve engagement with children and families in order to increase awareness of mental health in all communities in the borough.</p>		
<p>The partnership with Parent and Family support service described in response to recommendation 7 describes the CCG’s joint work with the Council. A group of Mark your Mind champions will be established with activities in September and October designed to get young people’s views.</p> <p>Parents trained in this programme led a session at the Parent Carer Council in November 2017 and have delivered school based sessions for parent groups and coffee mornings.</p>	<p><b>Martin Bould (CCG)</b></p> <p><b>Jill McGinley (LBTH)</b></p>	<p>The Mark Your training has produced sustainable benefits: One young person who gave presentation on mental health in school was involved in a CCG procurement for a similar service</p> <p>Parents trained in this programme led a session at the Parent Carer Council in November 2017</p>
<ul style="list-style-type: none"> <li>-Specialist CAMHS provide a welcome call to all new service users of the service</li> <li>-Specialist CAMHS runs over 12 well attended groups for different sorts of wellbeing problems</li> <li>-we are in the process of setting up drop-in locations</li> <li>-each school in TH has a named person at specialist CAMHS</li> <li>-as a member of CYPIAPT, goal based outcomes are used routinely, which research shows-increases engagement</li> </ul>	<p><b>Bill Williams (CAMHS)</b></p>	<p>A Schools Project led by Specialist CAMHS is in train to raises awareness of mental health within schools teaching communities.</p>
<p><b>Recommendation 13:</b> That the council undertakes an audit to check the usage and success of the CAF system in Children Centres and other universal services.</p>		
<p>There are regular reviews of the CAF system and the next review will consider usage in children’s centres and other services</p> <p>2016-2017 Impact Assessment on Early Help Assessment (EHA) Interventions Outcomes Evaluation – 847 registered EHA’s, 9% lower than 2015-16. Registered EHA reviews 15% lower than previous year.</p>	<p><b>Christine McInness (LBTH)</b></p>	<p>The children centre carry out termly reviews in relation to the CAF’s, the number of reviews. The Annual Early Help Assessment (CAF) review takes</p>

<p>The drop coincides with implementation of new electronic system. 75.6% of cases in 2017 sample had an improved score by the review date. A significant improvement on 71.2% in 2016. Children’s Centres completed the most EHAs, (5% increase 2015/16) followed by Secondary Schools, AWS and Primary Schools. Secondary Schools completed the most EHA reviews</p>	<p><b>Jill McGinley (PFSS)</b></p>	<p>places for all service on an annual basis. The Children Centre for 2016/17 completed 276 CAFs, which is 32% of all CAF’s completed in the LA. 88% of all the interventions showed an improvement of an average of 6.5 again the highest in the LA (an improvement from the year previously of 85%). The whole of the LA is going through a change management process of how Early Help is being delivered through the LA. This will further look at how the use of the EHA and how it contributes in ensuring families are kept safe.</p>
<p><b>Recommendation 14:</b> That the council and THCCG raise awareness about mental health and support services amongst non-MH staff working with young people to improve accessibility to appropriate support.</p>		
<p>Children’s social care has embedded CAMHS practitioners in social work teams in order to develop the capacity of social work staff to better identify and respond to the emotional health and wellbeing needs of children and young people known to social care. The programmes above also provide information on where this work is happening across universal services.</p>	<p><b>Nancy Meehan (LBTH)</b></p>	<p>There is a review of the social work team and going to be completed by January 2018 to ensure that the service is meeting the needs of children and improving outcomes.</p>
<p>The CCG, CAMHS and Education Psychology, have cooperated to deliver a national pilot training programme for 24 schools (attended by two staff members from each school for two separate days). A follow up event in Tower Hamlets has been scheduled for</p>	<p><b>Martin Bould (CCG)</b></p>	<p><b>Schools network event in October 2016 – others as in Recs. Above.</b> Following the training sessions</p>

<p>18 October 2016 and a national evaluation report is also due at the end of 2016 (date to be confirmed.)</p> <p>The CCG has also funded (again through jointly agreed transformation monies) training for GPs in eating disorder awareness (8 and 28 September 2016), and has supported CAMHS to develop a programme of GP awareness training and briefing to GP networks about services and referrals, as described in response to Recommendation 2 above</p>		<p>and follow-up workshop, the CCG agreed additional funding for TH CAMHS to develop and deliver a mental health training programme for schools.</p> <p>BEAT ran eight training sessions to improve early identification (and intervention) of eating disorders, upskilling 64 professionals who reported increased knowledge by an average of 57% following the training</p>
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